



USEFUL INFORMATION FOR STUDENTS

Loughborough
COLLEGE est. 1909

DEGREES



FACILITIES AT THE COLLEGE

LIBRARY

The Library is the main study environment at Loughborough College and provides students with access to books and resources required for all undergraduate courses offered.

There are various study spaces within the Library, including a PC suite, individual study rooms, silent and group working areas, and a designated Higher Education study space for undergraduate students.

The Library also provides access for specialist software and laptops which learners are able to borrow for use within the library. In addition, the Discovery search engine allows learners to access a vast range of electronic resources, including journals and e-books both in college and from home, ensuring that learners are always able to access the resources that they need.

The Library is located on the first floor of the Hub building and is used by all students in the college.

Monday: 8.30am - 5.00pm

Tuesday: 8.30am - 6.30pm

Wednesday: 8.30am - 6.30pm

Thursday: 8.30am - 6.30pm

Friday: 8.30am - 5.00pm

SPORTS FACILITIES

The sports facilities in Loughborough are second to none. From the 3G rubber crumb pitch, to dance studios, and the Radmoor and 2012 sports halls, we have something to suit your passion and the chance to explore new things.

Sports Therapy Suites

Our two industry-leading sports therapy suites offer students the opportunity to develop relevant knowledge and applied experience within sport and exercise therapy, sports trauma and manual therapy. In addition, a student-led clinic which operates from the suite provides free treatment and rehabilitation for injuries.

Golf Studio

The Loughborough College Golf Studio boasts Foresight Sports GCQuad technology, facilitating expert golf swing analysis and a professional golf coaching environment. The Golf Studio is utilised for teaching across the sports degree programmes, as well as private and team coaching.

Sports Science Lab

The sports science laboratory provides state-of-the-art equipment to enable students to gain a practical understanding of the theories that underpin performance physiology, biomechanics, nutrition and sports science support.

Whilst in the laboratory, students can expect to undertake protocols designed to monitor and evaluate performance parameters for both amateur and elite athletes.

Strength and Conditioning Suite

Our newly renovated strength and conditioning suite offers students the opportunity to demonstrate and coach key movements such as Olympic lifts, in line with the internationally recognised UK Strength and Conditioning Accreditation (UKSCA).

Further to this, the suite provides students with the opportunity to practically apply other concepts such as plyometric training and weightlifting.

Biomechanics Lab

Using Sector-leading high-speed motion capture cameras, our biomechanics lab enables you to digitise movement and break down sporting techniques for detailed analysis.

Performance and Recovery Centre (PaRC)

We're proud to announce the launch of our new state-of-the-art Performance and Recovery Centre (PaRC): A cutting-edge facility designed to support athletes at every stage of their journey.

The centre features a 20-metre indoor running track, a fully equipped strength and conditioning space, a dedicated sports science lab with cold immersion baths, and a specialised recovery area for rehabilitation.

This integrated environment enables tailored performance training, scientific assessment, and effective recovery—all under one roof.



FACILITIES AT THE COLLEGE

FOOD AND DRINK

Radmoor Restaurant

The Radmoor Restaurant offers an excellent dining experience at amazing value. Food is prepared by our Hospitality & Catering students to the highest quality, giving them commercial experience, supported by their tutors. The restaurant offers a great venue in Loughborough to socialise and to enjoy fabulous food and drink.

More information can be found on the Radmoor Centre website:
www.radmoorcentre.co.uk

Campus Cafe

Located on the ground floor of the Hub, The Campus Cafe is open during term-time from 7.30am - 3.00pm Monday to Thursday, and 7.30am - 2.30pm on Fridays, with reduced opening hours during college holidays. It offers a selection of hot and cold drinks, deli sandwiches, breakfast rolls, salad, fruit or pasta pots, and a hot meal option each day.

Campus Kitchen

Located on the second floor of the Hub, The Campus Kitchen is open during term-time Monday to Friday from 11.30am - 2.00pm. A wide variety of meal options is available on a daily basis, including the salad bar.

Café Chino

Situated on the second floor of B Block, Café Chino is open Monday to Friday during term-time only 8.30am - 2.30pm. It sells snacks, drinks, sandwiches and lunches.

NURSERY

There are nursery facilities at the College, although places are limited, so please apply early. Lessons at the college may run between 8.00am and 6.00pm. If you have young children, please arrange childcare before starting your course.

Find out more at
www.radmoornursery.co.uk



HALLS OF RESIDENCE

We have a number of options available to our undergraduate students

The College is excited to announce that we have partnered with Student Beehive and Luxurio in Loughborough and we have negotiated discounted rates.

Student Beehive

The Beehive accommodation is located in the town centre and a 5-minute walk to the College.

Student Beehive boasts:

- En-suite bathroom
- Double beds
- High Spec Kitchen
- On site Gym
- 24-hour warden
- Bike Storage facilities
- Fully Loaded common room with a pool table and 65" TV with free Netflix
- Free Washing and Drying facilities
- Newly installed high speed WiFi network
- Hot tub and BBQ area

<https://studentbeehive.co.uk>

Luxurio Loughborough

Get £200 when you book with Luxurio! Use promo code LUX200COL

Amenities

- 24 Hour reception/security
- Ac/heating in every bedroom
- 43" Samsung tvs in every bedroom
- Private dining room
- Study zone
- Games area (xbox/ps5, table tennis, fooseball & pool table)
- Morsia gym & fitness studio
- Courtyard
- Cinema room
- 250 Mbps wifi & 1gbps wired
- Weekly events
- FREE - printing/kitchen cleans/bike rental

For any further sales questions or support please email martin.smith@evostudent.com

Or speak to our lovely site team direct on **01509 323644**
www.evostudent.com





HE WELFARE AND SUPPORT

The **HE Welfare and Support Team** are here to support higher education students with a range of welfare and wellbeing related needs. This one to one support is free, impartial, non-judgemental and confidential. This may include, but is not limited to:

- Housing Issues
- Finances and Budgeting
- General Wellbeing and Mental Health
- Social Isolation
- Anxiety
- Relationship Breakdown
- Sexual Health
- Bereavement
- Homesickness
- Extenuating Circumstances
- Liaising with academic tutors and curriculum leads on your behalf when needed
- Liaising, signposting and referring to external professionals and agencies as appropriate

We understand that transitioning to higher education can be difficult. For many, moving away from home for the first time can make this more challenging and be a daunting and overwhelming time. You may have worries about how you will find the transition, be experiencing feelings of anxiety or simply have lots of questions. This is completely normal and you will not be alone if you experience this. If you are struggling, please contact us and we will be happy to support you.

If you have any concerns or questions prior to joining, please contact **he.welfare@loucoll.ac.uk**

ACADEMIC TUTORS

We have a team of Academic Tutors here to support you to develop the higher-level study skills required for degree level study. Available for 1:1 support, or group sessions, our Academic Tutors can support with topics such as essay writing, referencing, presentation skills, critical thinking and time management to name a few.

If you wish to discuss any concerns or have any queries prior to starting, please contact **AcademicSupport@loucoll.ac.uk**

STUDENT SUPPORT

If you have a disability, mental health condition, specific learning difference (for example Dyslexia) or medical condition and feel that you require support during your studies we advise you to start your application for **Disabled Students Allowances' (DSA)** now if you haven't done so already.

If you are not aware of this funding, you can apply via your Student Finance Account, guidance links can be found below.

Useful links:

www.gov.uk/disabled-students-allowance-dsa

www.disabilityrightsuk.org/resources/applying-disabled-students%E2%80%99-allowance-dsa

Support could include regular meetings with a one to one Specialist Mental Health Mentor, Autism Spectrum Condition or ADHD Mentor, a Specialist Dyslexia or Autism Spectrum Condition Study Skills Tutor. If you have a visual impairment, you can

access funding for sighted guide support and/or note-taking support. You can also access funding for assistive technology and funding towards travel.

Please be aware that **The Learning Support Centre** are the College's chosen provider of this support. **The Learning Support Centre** are a local specialist provider and have been supporting students for over 23 years.

If you are currently in receipt of DSA in a higher education institution and have existing support in place for an external provider, you can decide whether or not you wish to remain with your existing provider or transfer this support to The Learning Support Centre.

You can contact The Learning Support Centre directly or provide your assessor with their contact details.

Email: **info@learningsupportcentre.com**

Tel: **01162548881**, website: **www.learningsupportcentre.com**

If you are applying for DSA, or have any questions, please contact The Learning Support Centre.

To speak to The Learning Support Centre's Loughborough Support Coordinator, Rhiann Pugh you can email: **info@learningsupportcentre.com** or call **01162548881**.

MENTAL HEALTH SUPPORT

If you're already seeking support for mental health difficulties outside of College, we can work with you and anyone involved, in maintaining your mental health to support your studies and help you to progress towards your goals. If you aren't already accessing support for your mental health, but feel this would be beneficial, we can support you and help you to access services as appropriate.

The College also has a team of mental health first aiders who are trained to support with mental health related needs and can be utilised when experiencing challenges on site.

DROP IN SERVICES

The College offers a range of drop-in services including a HE welfare drop in to support with welfare and wellbeing related needs and an academic support drop in to support with a range of academic and pastoral needs.

COLLEGE COUNSELLING SERVICE

Students who feel they would benefit from a face to face counselling service can access this through our college counsellor. The counsellor offers six face-to-face sessions which students can be referred for. Please email **he.welfare@loucoll.ac.uk** for more information or to make a referral.

SEXUAL HEALTH

You can access free condoms as well as sexual health advice and support on site. Please email **he.welfare@loucoll.ac.uk** or speak confidentially to one of the HE Welfare Team.

LGBTQ+

We offer LGBTQ+ one to one support from a specialist LGBTQ+ consultant.

COLLEGE THERAPY DOGS

The College has therapy dogs on site who are on hand to bring a smile to your face and support positive mental health and wellbeing when needed.

CHAPLAINCY

Chaplains are available to anyone wanting to understand or explore world faiths, their own spirituality, or just in need of someone to listen.

Telephone: **01509 223741**
Email: **cfschaplains@lboro.ac.uk**

EXTERNAL SERVICES

Bespoke for higher education students is our partnership with **HE Health Assured**, who deliver a free 24 hour a day, 365 day a year confidential helpline, online portal and App service. HE Health Assured provide a range of advice, information and support services, as well as offering a confidential counselling service.

Further information will be available to you as part of your induction.

In addition to this, the college welcomes a number of external services and agencies on to site, including but not limited to **Living without Abuse**, **Vita Minds** and **Turning Point**.



ADDITIONAL OPPORTUNITIES

STUDENT DEVELOPMENT WEEK

Held once per semester, Student Development Week provides students with the opportunity to undertake a range of additional qualifications, workshops, courses and trips often free of charge. This is designed to enhance a student's CV and their employability.

STUDENTS' UNION

When you become an undergraduate student at Loughborough College you will have the opportunity to become a member of the Loughborough Students' Union, which is one of the largest in the country. This famous organisation is based on the Loughborough University campus and provides a range of facilities and services to make your college experience even more enjoyable.

The union is unique amongst British universities in that its premises are owned and run by the students themselves, so LSU students are always at the heart of everything that the union does. This allows them to ensure that students have the best experience possible whilst studying in Loughborough by making new friends, learning new skills and enjoying new experiences outside their courses.

You can get involved with the various sections of the students' union, including sports clubs, a range of societies, faith clubs, volunteering, community projects, fundraising, enterprise, media and much more.

You can find out more about getting involved with LSU here: www.lsu.co.uk

Facilities in the students' union building also include shops, cafés and bars.

CAREERS AND EMPLOYABILITY

Employability Advisors are available to help you to plan your future career. You will be able to access information and support to develop your employability skills, allowing you to meet the requirements that employers are looking for. Once you get to the stage of applying for jobs, our advisors can also support you with the application process.

Whether you are looking for postgraduate study, training, employment or starting up your own business, the team will be able to support you. You are able to book 1:1 appointments for help with your CV, cover letters, job applications and interview preparation.

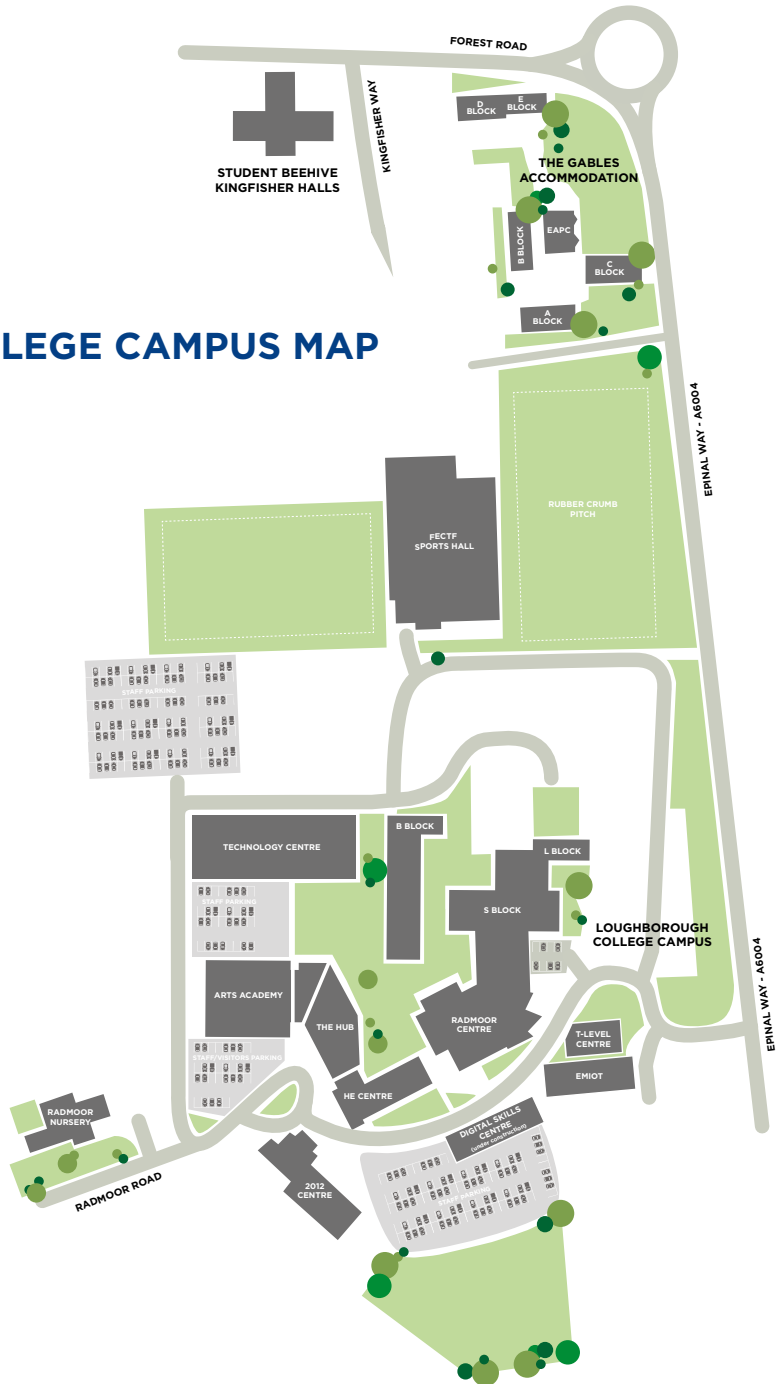
Our careers and employability service is free and is available before, during or after your studies. Our Employability Advisors can be contacted by emailing careers@loucoll.ac.uk

PROGRAMME REPRESENTATIVES

Programme Representatives are selected for each programme at the start of the year. This is your chance to represent the views of your fellow students at department meetings and programme reviews, and to help to develop the college.

All Programme Representatives become members of the Student Council, which meets three times a year.

COLLEGE CAMPUS MAP



IMPORTANT INFORMATION

COUNCIL TAX

Many full-time students are exempt from paying council tax when living in halls of residence. If you are studying part-time, you may also be eligible for a council tax discount.

If you need further information or a letter to confirm your eligibility, please visit the Student Registry (F001) in the Undergraduate Centre.

MENTAL HEALTH SUPPORT

If you need urgent mental health support, you can access this via calling **111** and selecting the mental health support option. This is available 24 hours a day, seven days a week.

LOCAL DOCTORS

Bridge Street Medical Practice

20 Bridge Street,
Loughborough, LE11 1NQ
Telephone: **01509 216843**

Park View Surgery

24-28 Leicester Road,
Loughborough,
LE11 2AG
Telephone: **01509 230717**

Pinfold Medical Practice

The Health Centre,
Pinfold Gate,
Loughborough, LE11 1DQ
Telephone: **01509 220960**

Charnwood Medical Group:

Rosebery Medical Centre

Rosebery Street,
Loughborough, LE11 5DX
Telephone: **01509 324115**
and then select option 1

Outwoods Medical Centre

4 Beaumont Road,
Loughborough,
LE11 2JB
Telephone: **01509 324115**

NHS Loughborough Urgent Treatment Centre

Loughborough Hospital,
Hospital Way,
Loughborough, LE11 5JY
Telephone: **01509 568800**

If you are unable to see your own doctor, the NHS Urgent Care Centre is open 24 hours a day, 365 days a year, for urgent treatment of minor injuries and illness.

LOCAL DENTISTS

Loughborough University Dental Practice

Student's Union, Ashby Rd,
Loughborough, LE11 3TT
Telephone: **01509 261602**

Bupa Dental Care Loughborough

91 Ashby Road,
Loughborough, LE11 3AB
Telephone: 01509 267451 (non-emergency) **111** (emergency)

Carillon Dental Care

44 Baxter Gate,
Loughborough, LE11 1TQ
Telephone: **01509 219699**

Great Central Dental (non-NHS)

13 Great Central Road
Loughborough, LE11 1RW
Telephone: **01509 214795**

If you do not live in Loughborough, you can find your nearest medical centre and dentist at **www.nhs.uk**

LOCAL PHARMACIES

The Medicine Box Pharmacy

Student's Union, University
Campus, Ashby Road
Telephone: **01509 635050**

Boots

11-13 Market Place,
Loughborough, LE11 3EQ
Telephone: **01509 214761**

Lloyds Pharmacy

26 Pinfold Gate,
Loughborough, LE11 1BE
Telephone: **01509 237220**

Superdrug

2 Market Place,
Loughborough, LE11 3EP
Telephone: **01509 234531**

BANKS

Lloyds TSB

37-38 High Street
Loughborough, LE11 2QG

HSBC

31 Cattle Market
Loughborough, LE11 3EJ

Natwest

5 Market Place,
Loughborough, LE11 3EA

Barclays Bank

3 Market Place,
Loughborough, LE11 3EA

Santander

63 Market Street,
Loughborough, LE11 3ER

Nationwide

29 Swan Street,
Loughborough, LE11 5BY

Halifax

27-28 Swan Street,
Loughborough, LE11 5BS

EMERGENCY

Police, Fire and Ambulance Services:

In an emergency, call **999**.
For non-emergency crimes,
contact the police on **101**.
The police station address is:

Loughborough Police Station

Southfields,
Loughborough, LE11 2XF
Telephone: **0116 222 2222**

CINEMAS

Odeon Cinema

7 Cattle Market,
Loughborough, LE11 3DL
Telephone: **0333 0144501**

LIBRARY

Loughborough Library

31 Granby Street,
Loughborough, LE11 3DU
Telephone: **0116 305 2420**

POST OFFICES

10 High Street,
Loughborough, LE11 2PY
Telephone: **01509 239878**

50 Wards End,
Loughborough, LE11 3HB
Telephone: **01509 212918**

259 Forest Rd,
Loughborough, LE11 3HT
Telephone: **01509 268708**
www.postoffice.co.uk

FAITH

In addition to the multi-faith room and chaplaincy services within the college, there are numerous places of worship within the local community:

BUDDHIST

Wat Mongkhonwararam Uk
250 Park Road
Loughborough
LE11 2HL
Tel: **01509 728613**

CHRISTIAN

Anglican Emmanuel Church
Forest Road
Loughborough, LE11 3NW
Telephone: **01509 261773**

CATHOLIC

St. Mary's Church
Ashby Road
Loughborough, LE11 3AB
Telephone: **01509 262123**

Elim Church Loughborough
St. Peter's Centre
Storer Road
Loughborough, LE11 5EQ
Telephone: **01509 234306**

HINDU

Punjabi

**Geeta Bhawan Temple/
Community Centre**
Lemyngton Street
Loughborough, LE11 1UH
Telephone: **07497 896348**

Gujarati

Shree Ram Krishna Mandir
Alfred Street
Loughborough, LE11 1NG
Telephone: **01509 232401**

JEWISH

Orthodox

The Synagogue
Highfield Street
Leicester
LE2 1AD
centremanager@lhcong.com

Progressive

The Synagogue
24 Avenue Road
Clarendon Park
Leicester, LE2 3EA
chair@lpjc.org.uk

MUSLIM

Loughborough Mosque
83-85 King Street
Loughborough, LE11 1SB
Telephone: **07459 694207**

There is also a well-equipped prayer room in the Brockington Building at Loughborough University.

SIKH

Gurdwara Sahib
33/34 Clarence Street
Loughborough, LE11 1DY
Telephone: **01509 558027**

For details of all local churches, student and local faith groups, refer to the Centre for Faith and Spirituality website:

www.lboro.ac.uk/services/cfs

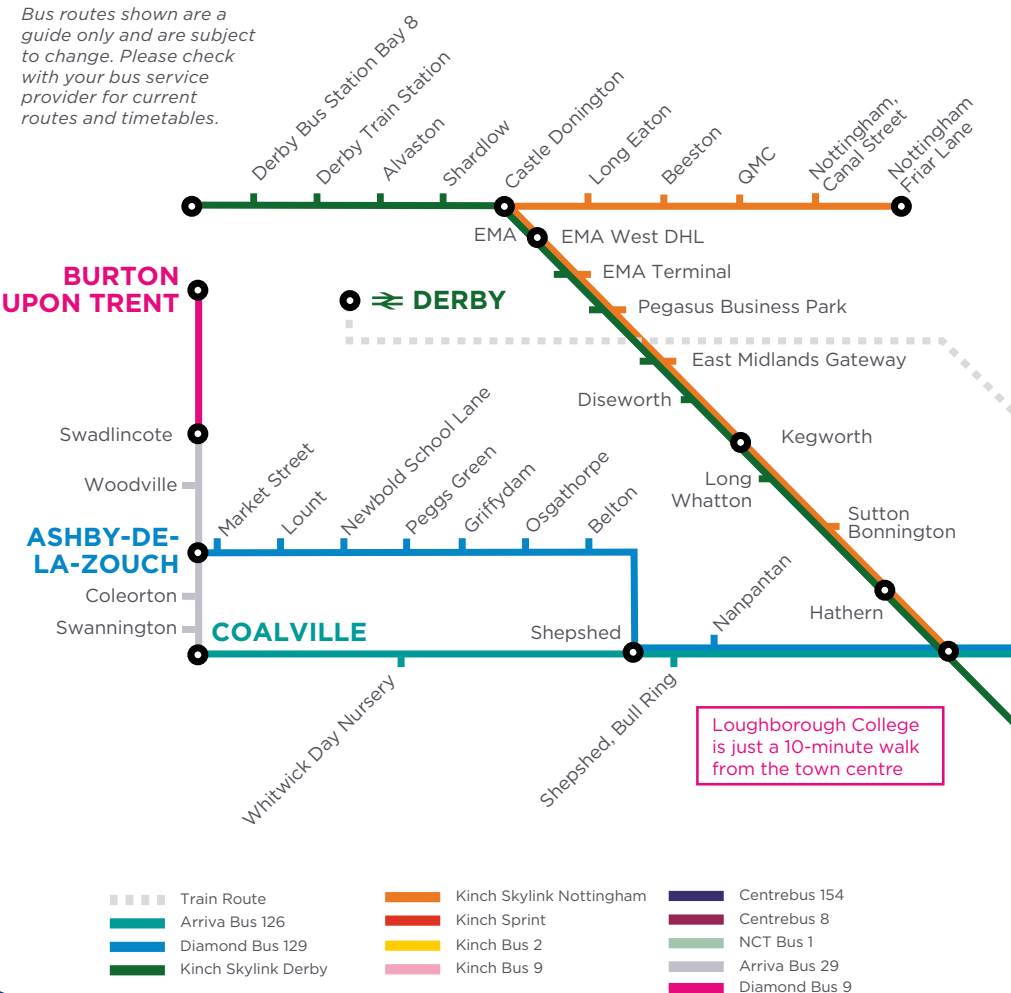
MAP OF LOUGHBOROUGH



Town map provided by **Love Loughborough**

GETTING HERE/ BUS LINKS

Bus routes shown are a guide only and are subject to change. Please check with your bus service provider for current routes and timetables.





GETTING HERE/ TRANSPORT LINKS

In keeping with our emphasis on maintaining a healthy lifestyle, we have a travel policy which encourages walking, cycling, and the use of public transport wherever possible. Appropriate arrangements are made to meet the needs of anyone with mobility difficulties.



With the M1 less than three miles away, the College can be easily accessed from all over the country.

Parking, however, is heavily limited and is not available to local students, except for those who hold a Blue Badge or have other special requirements. Parking is always on a strict first-come, first-served basis for permit holders and visitors alike, and once all car park spaces have been filled, you must find alternative parking off-site.



The train station in Loughborough connects regular rail links countrywide with main services passing through the major surrounding cities, including Leicester, Nottingham, Derby and London.

The station is a 25-minute walk from the college or you can catch the shuttle bus, which departs every 10 minutes.

For detailed maps, timetables, and information on how to get to Loughborough College from other parts of the UK or abroad, please visit the **How to Find Us** section of our website.



We are widely accessible by bus with various services operating in and around Loughborough.

The college is well connected by regular, direct buses running from Leicester, Nottingham, Derby, Melton Mowbray and Ashby.



We are only a ten-minute walk from Loughborough town centre.

Please allow approximately 25 minutes if walking from the train station and 15-20 minutes from the Baxter Gate/Swan Street bus stops.



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Leicestershire, LE11 3BT

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